

NARRATIVE REPORT FOR THE ARB, YEAR 2020

INTRODUCTION

The story of the ARB might be compared to the biblical story on the mustard seed. Day in day out the ARB project reach its maturity in an amazing way. Through its Socio therapy Centre, Mental deficient clients benefit a tender care from professional ARB Socio workers in collaboration with various stakeholders in this domain including parents, Medical worker and the surrounding Community. In 2020 the ARB has organized various activities towards total integration. We have witnessed an increased number of beneficiaries up to 48. Among them are children from age 6 and young adult who age range between 18 and 20



Here is the list of some activities carried out in the year 2020 Field visitation by ARB social worker to Clients;

1. Organising daily activities to clients within the Center
2. Training to new family members of clients on Rehabilitations technics;
3. Referral of some of the cases to other specialized partner;
4. Organising of Counseling sessions to clients suffering from trauma cases
5. Enhancing the Agriculture and Livestock workshop
6. Managing the Chicken Project



ORGANISING DAILY ACTIVITIES TO CLIENTS WITHIN THE CENTER

From Monday to Friday, clients come to the Dufashanye Centre to get assistance by our Social workers. Activities are scheduled from 08h00 to 15h00. The day starts by a session of devotion in the ARB multipurpose hall whereby everyone in ARB Community is called to be present

Clients are accompanied by their parents or relatives who participate themselves in devotion session and there after join the social workers in various workshops as their contribution in a view to increase productivity inline of generating fund to cater for some of the ARB needs.

It is impressive to see how enthusiastic parents/relatives, clients and Social workers are working together as one. The ARB does organize other activities related to sport such as swatch, badminton, tennis but also puzzling, music therapy and eurhythmy.



TRAINING TO NEW CLIENT'S FAMILY MEMBERS ON REHABILITATIONS TECHNICIS

Every year the ARB organizes Training session to new client's family and to new staff members on Rehabilitation technics and on problematic regarding mental handicapped. This is an opportunity for new comers in the domain to encounter new challenges and thereafter make commitments based on the real needs as mental deficiency is concerned.

In 2020, a group of 10 people from the above mentioned categories did undergo this training and are currently serving either in their home based community and some in our social therapy center.

Those who attended the training do testify how much the training is helpful for themselves and especially to clients

REFERRAL OF SOME OF THE CASES TO OTHER SPECIALIZED PARTNER

Like previous year, severe cases of mental deficiency were registered transfer procedure were carried out from the ARB Social therapy Center to partner Organisation involved in mental health such as Kamenge Neuro Psychiatric Center and to the Akamuri Center

ORGANISING COUNSELING SESSIONS TO PEOPLE SUFFERING FROM TRAUMA CASES

Next to providing social therapy care to mental clients, in 2020 the ARB has continued to organize activities related to counseling through its listening post. This activity has been reinforced due to a huge number of people suffering from Trauma. The aim is to give victims a feeling that they have control over their lives again through the three stages that trauma victims need during their healing process which includes: safety, acknowledgement, and reconnection.

The most types of trauma encountered include: Bullying, Community Violence, Early Childhood Trauma, Intimate Partner Violence, Medical Trauma and Physical Abuse trauma.

ENHANCING THE AGRICULTURE AND LIVESTOCK WORKSHOP

In 2020 the ARB has enhanced its Agriculture workshop activities. Next to agriculture we do have various animals that we rear in the center namely the goats, pigs chicken and some ducks.

Clients together with Social workers and parents/relatives do take care of the farm. The crops are being sold in a view to generate money while the surplus are being offered to client's families or served as a meal to clients in their cantina.



MANAGING THE CHICKEN PROJECT

The ARB Poultry appear to be the fastest growing project in our Social therapeutic Centre. Egg being an excellent source of proteins is fast becoming a favorite among people from Musigati area. The manure from the chicks provides a good source of organic matter for improving soil fertility and crop for our agriculture workshop. Since agriculture is mostly seasonal,

there is a possibility of providing employment throughout the year for many persons through poultry farming.

It has been difficult for ARB to effectively increase profit as the produced eggs must be either sold or being served in meals for clients due to the lack of hatching machine to produce chicks can be sold as to make more profit.

It is in this perspective that ARB is looking for ways to acquire a hatching machine from Burundi as we have discovered that it is possible to get a standard hatching equipment here.